NOM-York Programs

Support Groups

C.A.R.E.S. (Compassion, Advocacy, Resources, Empowerment, Support) is a support group for families and friends with a loved one who is struggling with addiction, whether active or in recovery, as well as for those who have lost someone to addiction. The group meets from 6 to 7:30 p.m. on the 1st, 3rd, and 5th Wednesday at the NOM Center.
Contact Cindy Heath at 717-858-3830.

Family Connections is for kinship families who are raising children due to addiction. Kinship care is when children live with relatives, such as grandparents, aunts or uncles, adult siblings or other extended family members. The group offers free events every other month.
Contact Gina Slenker at 717-676-2566 or Cindy Heath at 717-858-3830.

Fences and Bridges (F.a.B.) is a group for children ages 7-16 who have been affected by addiction. The goal of this club is to create a safe place for children facing daily challenges resulting from the loss of a loved one or a loved ones' struggle with addiction. The club provides an opportunity to meet other children who share similar experiences. We focus on activities that will build trust, self-esteem, and confidence, encourage positive decision making and explore emotions and feelings. Fences and Bridges is held the second Monday of each month from 6-8 p.m. at the Not One More Family Center, 1337 East Market Street. Dinner is provided at no cost for children and family members. Pre-registration is required.
Contact Gina Slenker at 717-676-2566 or Cindy Heath at 717-858-3830 or email supportgroup@nomyork.org.

Other

CRS, CFRS Scholarship
Scholarships are offered to York County residents seeking the Certified Recovery Specialist (CRS) or Certified Family Recovery Specialist (CFRS) certification.
admin@nomyork.org

Funeral Assistance
Not One More – York Chapter offers financial assistance to families who have lost a loved one (from York County) due to addiction and are unprepared to pay for the expenses associated with a funeral or cremation.
admin@nomyork.org

Ignition Interlock
Not One More – York has reached an agreement with the York County Adult Probation Office to offer financial relief to those who are required by Drug Wellness Court and/or General Probation to participate in the ignition interlock program.
admin@nomyork.org

Memorial Banners
Not One More – York Chapter has created Memorial Banners that feature photos of loved ones lost to addiction. We share these banners when we attend events throughout York County, so that people can see the faces of addiction and begin to understand the devastation it wreaks upon our community.
admin@nomyork.org

Randy's Wish; Scholarship Program
Not One More – York Chapter provides financial support to help those seeking to begin medication-assisted treatment or residency in a recovery/sober living house.
admin@nomyork.org